



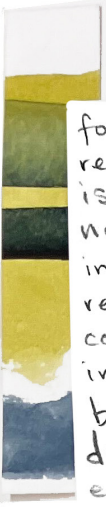
RESEARCH TOWARD: CREATIVITY: TOWARD REGENERATION



what response comes to you when
you hear or read the word
research? what about
creative research?

i want to share with you my lived experience. from my position, knowledges that i've come to through creative processes, reflection, & the making & doing with hands has been given relatively little importance or relevance when they are (unnecessarily) compared to eurowestern academic &/or scientific bodies of knowing. (i have come to know that this dismissal doesn't matter to me, & i'm not writing to you to talk about that.) my reality is that knowledge come to through the doing resists & stands in its own place in spite of & at the same time, as an alternative to, research that is validated by being linked to academic, economic, & scientific rationalization. coming to know outside of the frameworks of capitalism & colonialism shows us all how to imagine a world that (can) exist/s beyond those. i believe & experience that to share our knowing, & therein, care, increases sovereignty, agency, & ability to get toward a visioned real-life, applied utopia.





for me, inside of my life & varied practices, research is relational - new-to-me knowledge is in no way, new. it's not mine either. i do not exist without the world & my deeply interwoven bonds. new-to-me knowledges reach me through relationships i am committed to & that i continually invest in. relationships with people, where my body is, where i've been, where my dreams go. i arrive to new through my engagement & relation to land, place, more-than-human kin, water, stone, moving; i arrive to it through touch & thinking together with my kin. part of my relation to learning is to share it in real-time. to actively practice giving away; to gift. i believe that this practice shows pathway to a world framed up with security, care, love, honesty, safe vulnerability, & a renewed & regenerated social fabric.



Knowledge then, is for me, a series of steps that unfold in real time around me as i think & make & follow threads. i make & do & what to do next clarifies. i'm somehow divided. then, rest & reflection are necessary to see clearly to articulate. good things take time.

i'm moved
to
shave.



generosity, the real kind, the kind in service, enters here. this teaching about generosity is connected to love, care, & it necessarily cannot be theoretical. woven together with generosity are respect, reciprocity, & recognition.

i believe that all of our creative practices are always emergent & that they are illuminating. the process of making & knowing is an unfolding event that creatively & collectively brings-to-life regenerated humanity & a good future through social changes. art & creative research does this.

you do this.
art & making shows the way. i believe when creative work is shared, when its gifted out of & then back in to the world, we move toward; creative work is ceremony.

in this way, i want to shave with you this collection of research, notated in this zine, made at Eastern Edge ARC in February 2024.



SOME HELPFUL WORDS TO KNOW

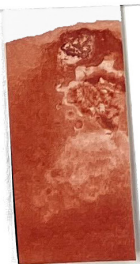
PIGMENT - a solid particle of coloured matter. Pigments are insoluble in relationship with medium (oil, watercolour binder, tempera, etc.)

DYE - a soluble colourant. used to colour textile fibres.

LAKE/LAKE PIGMENT - a pigment created from a natural dye source.

BINDER - relative to pigment/link, binder controls viscosity, keeps pigment in suspension & binds pigment to your chosen surface. gum arabic & shellac are two common binders.

FLOCCULATION - a process that takes small particles suspended in liquid (dye bath) & brings them out of suspension in solid clumps.





THE RECIPES



all of these are made with:

- 1000 g water
 - 10 g dyestuff
 - 12 g alum sulphate
 - 6 g calcium carbonate
- } 2:1



each paint is made w/ one tablespoon of pigment & 3/4 teaspoon of watercolour binder.



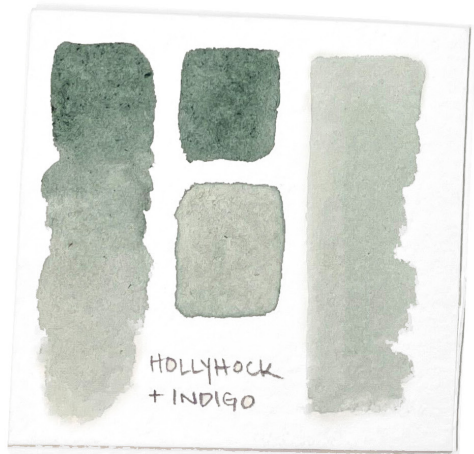








SAFFLOWER + COCHINEAL



HOLLYHOCK
+ INDIGO





SOME TOOLS YOU'LL NEED

- a pot
- a scale or measuring tools
- large glass vessel (jar, vase, bowl)
- a bucket
- a strainer, mesh
- coffee filters, basket type



THE SIMPLIFIED PROCESS.

- make a dye bath with weighed amount of dyestuff & water
 - simmer for at least an hour, longer if you can, let cool. overnight is good.
 - strain the liquid & warm it up again, just warm enough that you can't hold your fingers in the liquid.
 - this is your dye bath. pour it into the glass vessel & leave lots of headspace
 - add all of the alum sulphate & stir to dissolve.
 - once its dissolved, add a small amount of calcium carbonate. it will foam up! stir, as it starts to deflate, add more calcium carbonate. repeat until all of the calcium carbonate has been incorporated.
 - this process flocculates the pigment. leave the vessel to settle now for hours or overnight.
 - carefully pour the liquid off. if you have a syringe, draw it off. now wash the pigment: pour fresh water on the sludge & swirl. allow this to settle. Repeat washing, settling, & drawing liquid off until it is mostly clear.
 - maintain the foam on top! its full of pigment.
 - filter the pigment & allow it to dry.
- its now ready for use!!